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Pagham Yacht Club

Est. 1964



1 West Front Road, Pagham, West Sussex PO21 4SY

Tel: (01243) 265025 - www.paghamyachtclub.com

Pagham Yacht Club (PYC) Return to Sailing Coronavirus Policy **Information Sheet** **12th September 2020**

This information sheet is based upon the full Coronavirus policy published on the web site, please make sure you familiarise yourself with this, and the risk assessment regarding the opening of the club house and facilities. This includes the latest Government guidance that comes into effect on Monday 13th September 2020.

- 1) It is crucial that all sailors and support volunteers carry out a dynamic Risk assessment to include the following;
 - Before you leave home, do you feel unwell and are you having symptoms of Covid-19.
 - **Do you have a high temperature? Do you have a new and continuous cough? Are you experiencing a loss of taste and/or smell?**
 - If you suspect any of these symptoms do not leave home, self-isolate and follow Government advice.
- 2) Social Distancing is crucial to control of the spread of the virus, this must be in the forefront of your plans before you leave home and on arrival at PYC. You must maintain distancing from anyone not from your same household.
 - Adjust your plans if required to maintain social distancing.
 - Safety Personal Protective Equipment (PPE) and sanitiser is readily available at the club, and on the safety ribs.
 - If you are assisting another sailor, and cannot maintain social distancing of 2 metres avoid face to face posturing, wear a face mask and gloves. Work quickly and safely and ensure you wash your hands or use the hand sanitiser immediately after, avoid touching your face until you have sanitised.

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- 3) The weather conditions are important to assess before sailing can take place, check the weather conditions and sea state before leaving home. Check the conditions again when you arrive at the club, if you are not confident check with the RC Sailing and or the race officer. Always take into account;
 - The wind condition, direction and strength. Are you confident in your abilities to be able to sail, launch and recover your boat on your own? Best practice is to have a family member from the same household to assist you.
 - What is the tide doing? An incoming rising tide can complicate boat recovery significantly.
- 4) Boat maintenance and rigging is a crucial factor, ensure your boat is seaworthy and in good condition. Consider carrying spare equipment where it is safe to do so.
- 5) You must carry safety equipment where it is safe to do so, to include;
 - VHF radio and or mobile telephone carried in waterproof holders.
 - Additional tow line/painter of sufficient length.
 - Fresh water as you may be on the water for extended periods.
 - Additional water proof and warm clothing, the conditions can change quickly and without warning.
 - Sun cream
- 6) Safety clothing is compulsory, ensure you have your personal buoyancy aids, suitable clothing for the conditions. Current RYA guidance also still recommends that you arrive in your preferred clothing to sail. It is recommended that you shower at Home following the sailing. The changing rooms can be used under certain conditions, priority will always be given to sailors with disabilities.

If you are unsure guidance is available on the web site in line with RYA guidance.
- 7) PYC are looking to install outside showers at the earliest opportunity.
- 8) When preparing please ensure you keep to your social distancing, and gain assistance from family where possible;
 - Plan in advance where you place your boat and trailer at the water's edge for rigging do not crowd or gather in tight groups, bearing in mind on some days the beach may be busy with non-sailors, with family groups.
 - If you do not have a family member present, ensure a member of beach crew can assist you. Take your time in the current climate preparations and launch will take a little longer. Get there early and prepare and carry out le longer. Get there early and prepare and carry out your dynamic risk assessment, continually reassess the

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potential dangers, your safety and that of all beach users is paramount to be able to maintain the social distancing.

- Prior to your arrival where you can use the social media groups to let the team know you intend to sail, this will give advance warning to the safety teams to gauge numbers attending, allow RC Sailing to make an assessment on the safety rib requirements.
 - On arrival at the club you must book in, from Monday 13th September 2020 it will become law for track and trace purposes to record your **first and surname, a contact telephone number and the date.**
 - Please ensure this is done on your arrival, if racing you will need to register with the race officer.
 - Always make sure your next of kin or responsible adult is aware you are sailing.
 - As soon as practicable let your contact know you are safe and well if they are not on site with you.
- 9) On completion ensure your boat is de-rigged, cleaned and sanitised before leaving site.

Thank you all for your co-operation and assistance, to date the process has worked because of your compliance with the guidance. A great deal of the guidance is now law and you are personally responsible and can be fined, please ensure you support the club and observe social distancing.

It is essential you all stay safe and fully support those volunteers who are working around the club to make your visit enjoyable.

Regards

**Paul Palmer
Commodore**